

LA FIESTA! FESTIVAL SCHEDULE

La Fiesta is NZ's coolest little festival celebrating women and community. Check out all the activity details listed and be sure to make bookings where required. Cheers to our principal funder Whanganui District Council and to all our sponsors for supporting us! Contact the friendly team at the Women's Network for further info by phoning [06] 345 6833 or via email: womnet.wang@callplus.net.nz

SATURDAY 20 FEBRUARY

1:30pm HELMET DECORATING. The Education Room, Resource Recovery Centre. **COST: Koha.** Get in the mood for Frocks On Bikes! A fun decorated helmet is a great way to increase cyclist safety so come and make use of recycled treasures to decorate your helmet. Children under 12 are welcome with an adult. Ph [06] 345 6000.

2-5pm EXPRESS STYLING WITH THE TEAM AT PROTEGE. **COST: \$25.** Book your 30 minute miracle appointment with the team at the NZ Salon of the Year. Express styling is perfect for before a night out or just to give your lovely self a boost! Complete with tips, goody bag and glass of bubbles. Hair must be clean and dry, appointments essential. Ph [06] 345 4045 or email: info@protegehair.co.nz

5:30-7pm "I AM SHE". EXHIBITION OPENING AND LA FIESTA LAUNCH. Space Studio & Gallery, 64 Taupo Quay. **FREE!** Join us for the opening of this wonderful group exhibition of local female artists. This is a fabulous occasion to celebrate La Fiesta with refreshments and entertainment. To view the full list of confirmed artists see the website: www.spacestudiogallery.co.nz

SUNDAY 21 FEBRUARY

10-11:30am FOR LOVE OF THE DANCE. Tawhero School Hall, Totara St. **COST: \$5.** Participants are invited to use dance/movement as an eyes-open, moving meditation. BYO water bottle and comfortable clothes. Based on Gabrielle Roth's 5 Rhythms dance wave. Email: robin.williamson.aio@gmail.com for more info.

1:30pm FROCKS ON BIKES. Gather at Ladies' Rest Building [75 St Hill Street] from 1pm to register. **COST: \$5; children under 12 ride free.** A fun-filled mystery ride for all the family and a special tribute to the glorious Judith Timpany, previous event organiser and glam rider. Dressing up is encouraged with prizes for best dressed men and women. Ladies, don't let those blokes outdo you this year! Frocks, pearls, dapper suits, bow ties and kilts are welcome. BYO bike, trike, scooter or wheelchair. We ride rain or shine!

MONDAY 22 FEBRUARY

2-5pm FREE LEGAL CLINIC. Level 1, 92 Victoria Avenue. Come and see the team at Dewhirst Law for some legal advice about employment, family, property or other matters. Free consultation for anyone who wants to discuss their Will during the clinic. Ph Samantha [06] 281 3467 or email: samantha@dewhirstlaw.co.nz

6:30-8pm WOMEN'S SELF DEFENCE. Zen Do Kai Hall, 24 Trafalgar Place. **COST: \$5.** Give yourself the confidence and techniques you need to protect yourself and others. How and where to strike, punch or kick for personal safety awareness and protection. Ph Jeremy [06] 345 540, txt 021 035 1361, email: jcleathem@clear.net.nz

TUESDAY 23 FEBRUARY

1-2pm WOMEN IN FILM - COFFEE CIRCLE. Women are woefully underrepresented in the film industry. A new campaign '52 Films By Women' [womeninfilm.org/52-films] challenges us to watch one film a week by women directors. Are you ready? Join Helen Marie O'Connell, Whanganui Film Society President, for a candid discussion about the state of gender [in]equality in film and why we should watch more films by women. All welcome. RSVP by 21 Feb. Contact: whanganuifilmsociety@gmail.com; or ph/txt Helen Marie: 021 105 5513.

7:30-9pm ADVENTURES IN SEA KAYAKING. "It's never too late and you're never too old for a new adventure..." Ladies' Rest Building [75 St Hill Street]. **COST: Koha.** Join Jenny for an evening of information and a slideshow that will excite you about sea kayaking and show you that it's not as daunting as you may think. Ph/txt Jenny 027 314 4653 or email: moretonjenny@hotmail.com

WEDNESDAY 24 FEBRUARY

10:30am GET CRAFTY @ GONVILLE. Gonville Cafe Library, 44 Abbot St. **COST: Koha.** Come and learn to knit or crochet with the amazing Gonville Knitting Group. Novice and experienced craft-sters welcome! Ph Kelly [06] 344 5872 or email: kelly@wanganuilibrary.com

THURSDAY 25 FEBRUARY

7pm UDITA. Documentary with subtitles [2015: 75mins]. Space Studio & Gallery, 64 Taupo Quay. **COST: \$5.** A turbulent 5 years in the lives of the women at the grass roots of the garment workers struggle in Bangladesh. From 2010, when organising in the workplace would lead to beatings, sacking and arrests; to the present day, when the long fight begins to pay dividends. Bookings are essential, email: sarah@spacestudiogallery.co.nz

FRIDAY 26 FEBRUARY

10am-3pm CONFLICT MANAGEMENT. The Ladies' Rest Building [75 St Hill Street]. **COST: \$20.** How to manage yourself and influence others in times of difficulty. Ph/txt Sarah to register 021 793 930. Bookings essential.

4pm OPEN CONVERSATION WITH AWESOME WOMEN. Gonville Cafe Library, Community Room. FREE! Be inspired in this open chat with Lu Gribble, Pushpa Waati, Judith MacDonald and Janine Rider about life, community, fitness and everything in between. Email Matt: matt@wrpho.org.nz

5:30-11pm MISCHIEF AT NIGHT. 96 Guyton St. Menu prices \$10-\$37. Licensed A la Carte evening dining to celebrate great food, good vibes & fabulousness! Bookings essential. Ph [06] 347 1227 Mischief on Guyton Café or email mischiefonguytoncafe@gmail.com

7pm LA QUIZ BY THE SEA! Duncan Pavillion, Castlecliff Beach. COST: \$15 [incl. coffee & dessert]. Enjoy a delicious coffee and dessert whilst testing your knowledge in our fun quiz night. Prizes and laughter guaranteed! Ph/txt Dianne 021 106 7929. Tickets available at Gonville Cafe Library & the Women's Network.

SATURDAY 27 FEBRUARY

11am-12pm PUBLISH AND BE DAMNED. Featuring author Debbie McCauley. Gonville Cafe Library, Community Room. Koha welcome. Debbie is a Tauranga author and librarian published under the name 'Mauao Publishing'. Her children's book, *Motiti Blue and the Oil Spill: A Story from the Rena Disaster*, won the Best Non-Fiction category in the 2015 New Zealand Book Awards for Children and Young Adults. Her first book for children *Taratoa and the Code of Conduct: A Story from the Battle of Gate Pa* was a finalist in the 2015 LIANZA Children's and Young Adult's Book Awards. Join Debbie for an intimate sharing about what it takes to get published.

12pm-12:30pm SECOND-CHANCE LEARNING. Gonville Cafe Library, Community Room. COST: Priceless! Learning is a life-long journey of wonderment. If you're thinking of returning to the work force and are worried you don't have what it takes, or are simply looking to find better ways of upskilling, then pop along and listen to this session on how to upskill – free courses, online learning [but not as you know it], financing tertiary study and a whole lot more.

1pm & 3pm A FUN INTRODUCTION TO FRENCH AND SPANISH. COST: \$15. An action-packed 45 minutes of language fun especially for children and young people, but children in adult bodies are also welcome! Ph/txt Anna 027 319 7710 or send a message via www.facebook.com/Lingoanna

1-5:30pm YOGA LIFESTYLE & WELLNESS WORKSHOP. 39 Taupo Quay [register by 20 Feb]. COST: \$100 per day; \$160 for both days. Spread over 2 Saturdays starting with Asana for the first two hours, followed by a talk on the importance of breath and meditation to overall wellness and wellbeing for one hour, and a nutrition education session for the final hour [a break is scheduled each hour for 5 minutes]. The first nutrition session is "IBS and FODMAP foods" and the second session next week is on "the importance of Cholesterol – why we need it". Ph/txt Melissa 027 349 5168.

5:30-8:30pm LA FIESTA NIGHT MARKET @ SPACE. 64 Taupo Quay. FREE ENTRY! Join us for an evening filled to the brim with Art and Designer Craft stalls upstairs in our studios, as well as a great opportunity to view the show at Space Studio & Gallery. Email: sarah@spacestudiogallery.co.nz

SUNDAY 28 FEBRUARY

10-11:30am FOR LOVE OF THE DANCE. Tawhero School Hall, Totara St. COST: \$5. Participants are invited to use dance/movement as an eyes-open, moving meditation. BYO water bottle and comfortable clothes. Based on Gabrielle Roth's 5 Rhythms dance wave. For more info email Robin: robin.williamson.aio@gmail.com

10am-12pm CROSSFIT OPEN BARBELL DAY. Old Hatrick's Building, Spriggens Park. Join in this FREE two hour session on the fundamentals of barbell strength training. All welcome! For more info email Matt: matt.rayner1985@gmail.com

7-8pm WOMAN – THE RADIO SHOW. Join your host Emma Gatsby for a power-packed show about what's happening in celebration of International Women's Day. Listen in to Access Radio on 783AM or live streaming via <http://accessradio.org.nz>

MONDAY 29 FEBRUARY

2-5pm FREE LEGAL CLINIC. Level 1, 92 Victoria Avenue. Come and see the team at Dewhirst Law for some legal advice about employment, family, property or other matters. Free consultation for anyone who wants to discuss their Will during the clinic. Ph Samantha [06] 281 3467 or email: samantha@dewhirstlaw.co.nz

TUESDAY 1 MARCH

5-6pm 1 MILLION STARS TO END VIOLENCE PROJECT. Whanganui Safe & Free; Suite 4, 236 Victoria Avenue. FREE! A love and peace filled community project by artist and weaver, Maryann Talia Pau. The aim is to bring people together around the world to weave 1 million stars for a display in Queensland Australia, 2018. These beautiful stars are symbols of light, courage and solidarity to end all forms of violence. Make a star to contribute to this global project! Ph/txt Stacey 022 081 5800.

WEDNESDAY 2 MARCH

10:30am GET CRAFTY @ GONVILLE. Gonville Cafe Library. COST: Koha. Come and learn to knit or crochet with the amazing Gonville Knitting Group. Novice and experienced craft-sters welcome! Ph Kelly [06] 344 5872 or email: kelly@wanganuilibrary.com

12:30-2pm DEEP LISTENING: A DIGITAL STORYTELLING WORKSHOP. Gonville Cafe Library, Community Room. COST: KOHA. Come along and learn to connect with someone you've just met & how to record and share stories digitally. Bring your own smart phone or similar device. All ages welcome. Ph/txt Devi 022 076 8355.

7pm BHUTTO. Documentary [2010: 111mins]. Space Studio & Gallery, 64 Taupo Quay. COST: \$5. Benazir Bhutto became a feminist icon determined to bring democracy and human rights to Pakistan. She overcame controversy, imprisonment and a male-dominated political environment to become Pakistan's first female prime minister. Her great popularity ultimately led to her 2007 assassination. Bookings are essential, email: sarah@spacestudiogallery.co.nz

THURSDAY 3 MARCH

7-8:30pm 1,001 STORIES ON WATER/CLIMATE CHANGE. The Davis Theatre, Whanganui Regional Museum. **COST: \$5.** Since she was last in Whanganui in May 2015, international traveller and writer Devi Lockwood has taken a cargo ship twice across the Tasman Sea and cycled from Melbourne to Townsville. Come and hear her stories from the road and the water. Ph/txt Devi 022 076 8355.

FRIDAY 4 MARCH

1:30-2:30pm WOMAN – THE RADIO SHOW. Royal Wanganui Opera House [upstairs]. **FREE!** Join host Emma Gatsby as she interviews a panel of stars, featuring Kelly from the Gonville Library, Sarah from Space Studio and Gallery, international traveller and story-teller Devi Lockwood, and Carla Donson the woman behind La Fiesta. [Quiet requested as interview is being recorded live, airing 13 March on Access Radio, 7pm]. All welcome.

7:30pm SPACE EXIT featuring “GLASS BOAT”. Space Studio & Gallery, 64 Taupo Quay. **COST: \$15.** Enjoy the beautiful gallery space transformed into an intimate music venue for an evening with New Plymouth based band *Glass Boat*. For more info about this wonderful band and their music, visit: <http://www.glassboat.co.nz/> Bookings are essential as tickets are limited. Contact: sarah@spacestudiogallery.co.nz

SATURDAY 5 MARCH

9am-12pm POP UP POETRY & FREE HUGS/HIGH 5s. River Traders Market. Unique word gifts made to order from international traveller and writer Devi Lockwood wrapped in a hug or “high 5” from Captain Carla [La Fiesta’s lady at the helm]. Keep your eyes peeled whilst you wander the market!

1-5:30pm YOGA LIFESTYLE AND WELLNESS WORKSHOP. 39 Taupo Quay. **COST: \$100 per day, or \$160 for both days.** Part two of the workshop that began Saturday 27 Feb. Ph/txt Melissa 027 349 5168.

7pm A FUNNY THING HAPPENED... The Davis Theatre, Whanganui Regional Museum. **COST: \$15 adult & \$10 senior/student.** Comedian Caroline Welkin has been acting funny for years which is why she finds the hilarious in moments along the way. An evening of funny stories! Tickets from Royal Wanganui Opera House, ph [06] 349 0511.

SUNDAY 6 MARCH

10-11:30am FOR LOVE OF THE DANCE. Tawhero School Hall, Totara St. **COST: \$5.** Participants are invited to use dance/movement as an eyes-open, moving meditation. BYO water bottle and comfortable clothes. Based on Gabrielle Roth’s 5 Rhythms dance wave. For more info email Robin: robin.williamson.ai@gmail.com

10am-4pm NATURALLY FUNNY. Royal Wanganui Opera House [annex]. **COST: \$80 adult & \$60 concession.** Reveal and harness hidden humour techniques we use unconsciously. You will connect with, and improve your stories and humour with professional comedian and story-teller Caroline Welkin. Ph [06] 345 6833 to book your place and find out more details.

11am-2pm CHILDREN’S DAY. Springvale Stadium and Park. **FREE event for families!** Heaps of fun activities to do together. Join in the 10th anniversary celebration of Children’s Day in Whanganui. Ph Lynette/Liza at SKIP Whanganui [06] 345 3008.

6:30pm FOLK IN THE GARDEN. **COST: \$10.** Enjoy some outdoor acoustic meets blues meets folk as local muso Terry Sarten entertains you with Wellington-based performer Emma Gatsby for a preview of some new album material. Ph/txt Carla 027 427 4117 to RSVP, bookings essential!

MONDAY 7 MARCH

9am-3pm IDEA INCUBATOR. Ladies’ Rest Building [75 St Hill Street]. **COST: \$20.** Developing an idea into action. A boost day for working on your change-the-world idea! Ph/txt Sarah to register 021 793 930. Bookings essential!

2-5pm FREE LEGAL CLINIC. Level 1, 92 Victoria Avenue. Come and see the team at Dewhurst Law for some legal advice about employment, family, property or other matters. Free consultation for anyone who wants to discuss their Will during the clinic. Ph Samantha [06] 281 3467 or email: samantha@dewhurstlaw.co.nz

6:30pm CONVERSATIONS THE GAME. Ladies’ Rest Building. **COST \$10.** Conversations is an inspirational, interactive game to develop and enhance our relationships. It reminds us that we all contribute wisdom. Facilitated by Caroline Welkin. Bookings essential. Ph [06] 345 6833.

TUESDAY 8 MARCH: INTERNATIONAL WOMEN’S DAY!

5:30pm WHANGANUI GREEN DRINKS. Delicious Cafe & Winebar, 132 Victoria Ave. For International Women's Day and in association with La Fiesta! Our speaker will be an outspoken member of the green sisterhood. All welcome. For more info check out: greendrinks.org/--/Whanganui or contact Helen Marie 021 105 5513.

8pm STUFF I FORGOT TO TELL MY DAUGHTER featuring Michele A’Court. The Concert Chamber, War Memorial Centre. **COST: \$35 adult, \$30 student/senior/supporter.** When her daughter turned 20, got a job and left home Michele A’Court was left to ponder if she had equipped her with enough knowledge and wisdom to take on the world. Had she taught her how to defrost frozen bread during a power cut? Did she know a good tip to avoid laddered tights? What about sex? Award-winning and well loved comedian Michele A’Court presents this witty memoir to parenting in her acclaimed one woman show. Tickets: Royal Wanganui Opera House, ph [06] 349 0511.

WEDNESDAY 9 MARCH

10:30am GET CRAFTY @ GONVILLE. Gonville Cafe Library. **COST: Koha.** Come and learn to knit or crochet with the amazing Gonville Knitting Group. Novice and experienced craft-sters welcome! Ph Kelly [06] 344 5872 or email: kelly@wanganuilibrary.com

6:30pm THIS CHANGES EVERYTHING. Film Screening, Embassy 3 Cinema [presented by Sustainable Whanganui]. **COST: \$15.** This inspiring adaptation of Canadian social activist Naomi Klein's best-selling book exposes the links between capitalism and climate change, and documents the growing global uprisings in their wake. Is the crisis of climate change our opportunity to create a better world..? For more event and ticketing info check out: www.facebook.com/Sustainable-Whanganui

THURSDAY 10 MARCH

7am INTERNATIONAL WOMEN'S DAY BREAKFAST. The Grand Hotel, Function Room. Enjoy good food, great company and inspiration with the ladies from Zonta in celebration of International Women's Day. RSVP to Ailsa for ticket info, ph [06] 344 4312.

7pm FIESTA FINALE. QUIZ NIGHT EXTRAVAGANZA! The Function Room, Stellar Restaurant and Bar. **COST: \$10.** Celebrate the end of La Fiesta with a night of fun, trivia, and prizes. Get together a team of eight or just come along and we'll find you some lovelies to join. Ph [06] 345 6833 or email to register your team: womnet.wang@callplus.net.nz

Check out other cool stuff happening during the festival:

19 February - 5 March: INSPIRED. 62 Guyton Street [Gallery hours: Weds-Sat 11am-4pm]. An exhibition of local artists celebrating inspiring women, their work, lives, and achievements. Join in the celebration at the exhibition opening on Fri 19 February, 5:30pm. Ph/txt Rena 027 310 2055 for more info or check out the Gallery On Guyton Facebook page.

20 February - 4 March: I AM SHE. Space Studio & Gallery, 64 Taupo Quay [Gallery hours: Tues-Thurs 10am-2pm, Fri 12-4pm, Sat 10am-2pm]. Take some time to view this specially curated exhibition featuring a wonderful group of local female artists. To view the full list of confirmed artists involved you can head on over to: www.spacestudiogallery.co.nz

And also throughout the entire festival programme:

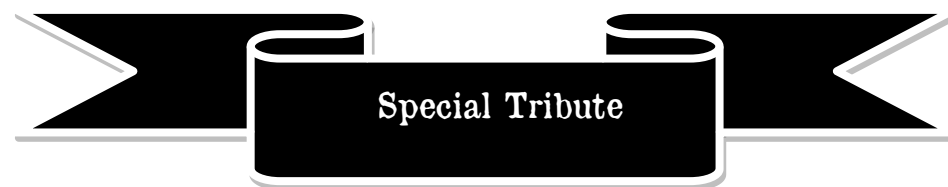
BODY AND BEAUTY CONNECTION: To support La Fiesta, Body and Beauty Connection is offering La Facials [excluding IPL] for the duration of the festival programme for a special deal of \$50 each! By appointment only ph/txt Raye 027 457 6705. Check out their website & menu at www.bodyandbeautyconnection.co.nz

GONVILLE GRAFFITI KNITTING PROJECT: The Gonville Knitting Group presents wildly creative, feminist and fantastic graffiti knitting/yarn bombing to celebrate women and La Fiesta. Look out for developments occurring in Guyton St and scattered about prominent local places. Ph Kelly [06] 344 5872 at the Gonville Cafe Library or email: kelly@wanganuilibrary.com for more info.

SIX WORD MEMOIR: Six Word Memoir is a statement that tells a story about you, as a woman. For example: *from long line of strong women OR widow, lonely, grieving, living, breathing, me.* Look out for yellow paper squares at various festival events, and especially at Gallery On Guyton. Check out the Inked Librarian on Facebook or email Kelly for more info: thebibliofilo@gmail.com

[Details were correct at time of printing, changes may occur after publication].

Celebrating 7 years of La Fiesta & International Women's Day



We at the Women's Network were hugely saddened by the recent unexpected loss of a friend, mentor and supporter...the inimitable Judith Timpany. Words cannot adequately describe the contributions she has made to our community, to its development, and to our people.

In tribute to Judith's zest for life, fun and community, we have decided to dedicate La Fiesta 2016 to her memory...and we'll have a jolly good time celebrating her in the process. Fly high Judith! With love to your family and friends from all of us...Thank you, for everything...xo